

Every day for God – Liturgy of the Hours



Feeding

Noon **Responding**

Morning
Blessing

Gospelling

Evening

Reviewing



Night-time

Sleeping

Evening, morning and noon

I cry out in distress, and he hears my voice.

Psalm 55:17

With Christ



Christ with me

**Eph 3:16-19
(& Col 3:17)**



**Christ with those
around me**

**Acts 16:6-40
(& Prov 21:1)**