

# Every day for God – Liturgy of the Hours



**Morning**  
**Blessing**

**Noon** **Responding**

**Evening**



**Evening, morning and noon**

**Night-time**

**I cry out in distress, and he hears my voice.**

*Psalm 55:17*

**Job 36:24**



***God's goodness***

**Ephesians 4:21–5:2  
& Heb 8:12**

**Forgetting**



***Your soul's bitterness***